

2019 Education & Health Professional Development Workshop

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**DECODING AUTISM:
FROM UNDERSTANDING THE NEUROBIOLOGY TO
CHOOSING INTERVENTION STRATEGIES**

February 5, 2019

Canad Inns Destination Centre Polo Park

Winnipeg, Manitoba

Presented by:

W. Zarchikoff & Associates

and

Stratcom Consulting

About this Workshop

This one-day workshop will blend cutting-edge neurobiology with treatment strategies supporting a range of professionals, clinicians, educators and caregivers who serve the Autism Spectrum Disordered population. Deeper and current understanding of the mechanisms of the brain-body science of ASD will support participants in making evidence informed choices of treatments for individual clients across a wide range of treatment modalities.

Learning Objectives:

1. The learner will develop a preliminary understanding of the current science of genetic/environmental interaction in the development of ASD.
2. The learner will begin to understand the science of sensory regulation, neuroplasticity and therapeutic intervention.
3. The learner will develop an understanding of how the immune system and the brain interact and how this affects behavior.
4. The learner will be introduced to treatment techniques to support regulation (sensory, cognitive and emotional).

Workshop Agenda

Tuesday, February 5

9:00 – 9:15

Welcome and Introduction

Presenter: Kim Barthel, OTR

Kim Barthel is a world-renowned teacher and occupational therapist, actively supporting multi-disciplinary function and healing in many cultures. A pioneer in reinforcing the importance of relationship in therapy, she is known for blending cutting-edge developments in neuroscience with the art of compassionate inquiry. With 30+ years as an OT, Kim's specialties include Neuro-Developmental Treatment, Sensory Processing, Complex Behaviour, Autism, Mental Health, Trauma Informed Practice, and Attachment. To empower personal reflection, she recently co-authored the national best-seller *Conversations with a Rattlesnake* with NHL hockey legend Theo Fleury. Kim's mission is to support the conscious evolution of the human spirit.

To see more about Kim, her website is www.kimbarthel.ca, she's on Twitter @kimbarthelOTR and on Facebook under 'Kimberly Barthel'.

9:15 – 10:30

Is It Nature or Nurture?

The new science of epigenetics and how genes and the environment will be discussed. We will look at how this impacts intervention.

Tues. Feb 5 (cont)	
10:30 – 10:45	HEALTH & NUTRITION BREAK
10:45 – 12:15	<p>Exploring the Links Between Autism, the Immune System and the Brain</p> <p>We will take an in-depth look into how these elements work together in someone with autism.</p>
12:15 – 1:00	NO-HOST LUNCH
1:00 – 2:00	<p>Stress and the Immune System</p> <p>This session explores how stress affects the immune system.</p>
2:00 – 3:00	<p>Regulation Through the Sensory Systems</p> <p>In this session, participants will look at how regulation through the sensory systems can affect the stress response.</p>
3:00 – 3:15	HEALTH & NUTRITION BREAK
3:15 – 4:15	<p>Treatment Techniques and Support Regulation</p> <p>This session explores treatment techniques that support regulation: sensory, cognitive and emotional.</p>
4:15 – 4:30	CLOSING & EVALUATIONS

Management Information

Website: www.aboriginaltrainingandconsultingservices.com

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Policies & Other Information

DISCOUNT RATES

Groups registering by email, phone, fax or mail, must submit all registration forms at once. Full time students (3+ classes per semester) must provide proof of enrolment

EARLY BIRD DEADLINE (WHEN APPLICABLE)

Registration and payment must be received by this date. Upon receipt of registration and payment, a confirmation email will be sent.

REGISTRATION FEE INCLUDES

Training materials, certificate of completion, morning coffee, snacks and refreshment breaks. Lunches are not included unless otherwise stated.

CONTINUING EDUCATION CREDITS

Many accrediting organizations recognize these, and other, workshops. Upon completion of the workshop and receipt of a Certificate, you may approach any of the following, plus others, to request continuing education credits: Canadian Psychological Association (recognized by the Alberta College of Social Workers), Canadian Counselling & Psychotherapy Association, Canadian Addiction Counsellors Certification Federation, Canadian vocational Rehabilitation Association, Canadian Professional Counselling Association, Employee Assistance Certification Commission (EAPA), Indigenous Certification Board of Canada (ICBOC). The number of course credits will vary for each event.

TERMS & CONDITIONS

Our liability is limited to refunds for workshop fees only. W. Zarchikoff & Associates reserves the right to cancel an event. Please make hotel & travel arrangements with this in mind. In the event of a cancelled workshop, we will issue a full refund for workshop fees only. The use of audio and video taping devices, beepers, and cell phones by workshop participants is not permitted at any workshop. Children and unregistered guests are not permitted in the meeting rooms. Seats cannot be shared between individuals. The contact information provided during registration will be added to our mailing list. We will not sell our mailing list or grant access to third parties; you can unsubscribe at any time. To unsubscribe please email us.

CANCELLATION POLICY: All cancellations for any workshop, forum, or conference must be submitted by email to wzarchikoff@gmail.com. Non-attendance at an event will not be grounds for any or partial refund /credit under any circumstances.

REFUND OPTIONS: 14 business days or more prior to the event: refund, minus a \$100 administration fee. Less than 14 business days prior to the event: credit to a future workshop, minus a \$100 administration fee. Less than one week prior to the event: no refund or credit under any circumstances will be available.

CERTIFICATES: Provided to attendees by email.

RECEIPTS: Sent by email once your registration has been processed.

CUSTOMIZED COURSES

We can offer this workshop in your community or customize a course that meets your specific needs. Contact us for further information. Check out our website for a full listing of events.