

2018 Education & Health Professional Development Workshop

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**A SCHOOL FOR WELLNESS:
TOWARD A CULTURALLY SAFE
& RESILIENCE-ENHANCING SCHOOL
FOR INDIGENOUS AND NON-NATIVE STUDENTS**

FACILITATED BY DR. DARIEN THIRA, PHD., R. PSYCH.

**January 30 – 31, 2018
Century-Plaza Hotel & Spa
Vancouver, British Columbia**

Presented by:

W. Zarchikoff & Associates

and

Stratcom Consulting

Management Information

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Policies & Other Information

DISCOUNT RATES

Groups registering by email, phone, fax or mail, must submit all registration forms at once. Full time students (3+ classes per semester) must provide proof of enrolment

EARLY BIRD DEADLINE

Registration and payment must be received by this date. Upon receipt of registration and payment, a confirmation email will be sent.

REGISTRATION FEE INCLUDES

Training materials, certificate of completion, morning coffee, snacks and refreshment breaks. Lunches are not included.

CONTINUING EDUCATION CREDITS

Many accrediting organizations recognize these, and other, workshops. Upon completion of the workshop and receipt of a Certificate, you may approach any of the following, plus others, to request continuing education credits: Canadian Psychological Association (recognized by the Alberta College of Social Workers), Canadian Counselling & Psychotherapy Association, Canadian Addiction Counsellors Certification Federation, Canadian vocational Rehabilitation Association, Canadian Professional Counselling Association, Employee Assistance Certification Commission (EAPA), Indigenous Certification Board of Canada (ICBOC). The number of course credits will vary for each event.

TERMS & CONDITIONS

Our liability is limited to refunds for workshop fees only. W. Zarchikoff & Associates reserves the right to cancel an event. Please make hotel & travel arrangements with this in mind. In the event of a cancelled workshop, we will issue a full refund for workshop fees only. The use of audio and video taping devices, beepers, and cell phones by workshop participants is not permitted at any workshop. Children and unregistered guests are not permitted in the meeting rooms. Seats cannot be shared between individuals. The contact information provided during registration will be added to our mailing list. We will not sell our mailing list or grant access to third parties; you can unsubscribe at any time. To unsubscribe please email us.

CANCELLATION POLICY: All cancellations for any workshop, forum, or conference must be submitted by email to wzarchikoff@gmail.com. Non-attendance at an event will not be grounds for any or partial refund /credit under any circumstances.

REFUND OPTIONS: 14 business days or more prior to the event: refund, minus a \$100 administration fee. Less than 14 business days prior to the event: credit to a future workshop, minus a \$100 administration fee. Less than one week prior to the event: no refund or credit under any circumstances will be available.

CERTIFICATES: Provided to attendees by email.

RECEIPTS: Sent by email once your registration has been processed.

CUSTOMIZED COURSES

We can offer this workshop in your community or customize a course that meets your specific needs. Contact us for further information. Check out our website for a full listing of events.

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The classroom is an essential source of learning and social engagement for children and youth. It is also being the location of violence and oppression for the Indigenous community. This workshop will assist educators and school administrators to reclaim the positive history and role of education for indigenous students in their care. In keeping with the Truth and Reconciliation Commission final report we now have an unprecedented opportunity to expand our worldview to include even more than the Euro-American perspective and the result we can offer students is the creation of an enriching, culturally safe and resilience-enhancing environment for all. Utilizing the Four Roots of Resilience the school has the opportunity to become a source of student resilience. “A School for Wellness” offers an approach that will support the school to simultaneously reduce student disengagement, misbehavior, and conflict and to support healthy personal and social development in its students.

Learning Objectives: This two-day workshop will support educators to:

- understand the impact of colonization and ensure that students are not colonized by accident;
- view Indigenous students through a strength-based, culturally respectful lens and create a culturally safe classroom that is inclusive and benefits students from all backgrounds;
- practice a tool to support students’ emotional needs while maintaining appropriate classroom/school expectations;
- use culturally congruent tools that enhance the sense of belonging, empowerment and social responsibility of students in the classroom develop their capacity to meaningfully;
- contribute to reconciliation in both the classroom and larger community.

WORKSHOP FACILITATOR:

Darien Thira, PhD., Reg. Psych.
www.thira.ca – darien@thira.ca

Dr. Darien Thira is a registered psychologist who has served as an educator and mental health/community development consultant for teachers, counsellors/front-line workers, and many Aboriginal communities across Canada. He is also an adjunct faculty member at the Adler University. His doctoral dissertation related to Aboriginal suicide resilience and social activism and he was involved in further resilience research at the University of British Columbia. He has previously served as a clinician at Child and Youth Mental Health, as a clinician at Adult Healing Centres, and as the Director of Community Education and Professional Development at the Vancouver Crisis Centre. “Through the Pain to Wellness”, a culturally driven community-based suicide prevention curriculum has been used in over 40 Aboriginal communities across the country and as a national program in Australia. Darien has presented workshops at many local, provincial, national conferences, and international conferences in: Canada, the United States, and Australia.

Tuesday, January 30

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| 0830 – 0900 | REGISTRATION & REFRESHMENTS |
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| 0900 – 0915 | INTRODUCTIONS & OPENING REMARKS |
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| 0915 - 1015 | Traditional Values, Colonization, and Pedagogy This introductory section will review the impacts of colonization in the larger community and within educational pedagogy. This interactive session will explore a “post-colonial” approach to education and conclude with an introduction to a traditional values-based “cure” for the impacts of colonization. |
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| 1015 – 1030 | HEALTH & NUTRITION BREAK |
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| 1030 – 1200 | Teaching Traditional Values, Colonization, and Pedagogy This facilitated conversation will draw on the strengths and knowledge of the participants in the identification of tools to explore colonization and the strength to withstand it with students. |
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| 1200 – 1315 | NO-HOST LUNCH |
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| 1315 – 1430 | Student Resilience and Wellness Shifting our vision of resilience from a psychological one to a culturally-rooted and community-oriented one. The 4 Keys to resilience will be explored in this session along with tools to promote them in the classroom and school. |
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| 1430 – 1445 | HEALTH & NUTRITION BREAK |
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| 1445 – 1600 | Enhancing Student Resilience and Wellness in the Classroom and School This facilitated conversation will draw on the strengths and knowledge of the participants in the identification of tools to explore and enhance the 4 resilience Keys. |

Wednesday, January 31

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| 0900 – 1030 | Maintaining Care and Respect in the Classroom The Traditional values of care and respect have been central to every Indigenous culture. They are also essential to the classroom. The challenge of staying in balance with students who are struggling academically and/or socially will be explored. |
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| 1030 – 1045 | HEALTH & NUTRITION BREAK |
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| 1045 – 1200 | The validation-Action Two-Step A simple and practical technique rooted in the care and respect balance will be practiced—one that will ensure that students will be supported to perform at their best. How to teach this Validation- Action Two-Step technique to students will also be explored and practiced. |
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| 1200 – 1315 | NO-HOST LUNCH |
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| 1315 – 1430 | Decolonizing Our Classroom Decolonizing includes shifting the approach from a problem-focus to an opportunity and strengths-based approach. A constructive tool to address student issues will be practiced. Participants will be introduced to and given an opportunity to practice a pragmatic tool that will provide a basis for simultaneous individual development and classroom cohesion. |
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| 1430 - 1445 | HEALTH & NUTRITION BREAK |
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| 1445 – 1545 | Transforming the Classroom And the School Participants will have the opportunity to identify their “next steps” to decolonize their practice, enrich their curriculum, and enhance the cultural safety of their classroom. |
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| 1540 – 1600 | CLOSING REMARKS & FORUM EVALUATIONS |