

# Plan to Attend these VIRTUAL Mental Health Workshops!

## “Through the Pain to Wellness: Culturally Rooted Community-Based Suicide Intervention Program”

September 28 – 30, 2021

**VIRTUAL VIA ZOOM**

Presented By: Darien Thira, PhD, Reg. Psych.

## “Wound to Wellness: 3-Day Workshop for Service Providers Offering Violence-related Trauma to Indigenous Clients”

October 20 – 22, 2021

**VIRTUAL VIA ZOOM**

Presented By: Darien Thira, PhD, Reg. Psych.

Sponsored by: Sara Riel, Inc.

Managed by: W. Zarchikoff & Associates

[www.aboriginaltrainingandconsultingservices.com](http://www.aboriginaltrainingandconsultingservices.com)

Participants can choose to attend one or both workshops.

### “Through the Pain to Wellness” Agenda Highlights

- Traditional Values and Colonization
- Resilience & Wellness: Suicide Prevention Self-
- Worth: Suicide Prevention
- Balance and Wellness in Suicide Intervention
- Understanding Suicidal Crisis
- The Three Steps to Help
- Postvention-After A Suicide
- Self-Care in the Face of Suicidal Crisis

### “Wound to Wellness” Agenda Highlights

- Traditional Values and Colonization
- Understanding Violence-Related Trauma
- Personal and Community Trauma
- Responding to Violence-Related Trauma
- Resilience & Wellness
- Self-Worth & Wellness
- Balance and Wellness
- The Community Is the Medicine
- The Four Paths of Healing and Grieving
- Growth Techniques
- Transcendence Techniques & Four Paths of Grieving

### WHO SHOULD ATTEND?

Counselors, Elders, Psychologists, Childcare Workers, Nurses, Social Service Professionals, Family Therapists, Youth Workers, Occupational Therapists, Addiction Counselors, Human Service Workers, Probation Officers, Early Childhood Educators, School Teachers and Administrators. All other educators and professionals interested in wellness with a focus on Indigenous Peoples

### ABOUT SARA RIEL, INC.

- Path to Self: Reconnecting an individual with the person they want to be;
- Path to Wellness: Exploring ways to successfully manage their mental and physical health;
- Path to Hope: Helping individuals to see that, despite potential barriers, their goals are achievable;
- Path to Empowerment: Developing the skills in effective problem solving and decision making.

Our Vision is for people with mental health and substance use/addiction challenges to reach their full potential mentally, physically, socially and spiritually.

Contact Information: W. Zarchikoff & Associates - 112, 19899 55A Avenue - Langley, BC V3A 0C4 –

Ph: (604) 970-3419 – Fax: (604) 530-3841 – Email: [wzarchikoff@yahoo.com](mailto:wzarchikoff@yahoo.com) –

Website: [www.aboriginaltrainingandconsultingservices.com](http://www.aboriginaltrainingandconsultingservices.com)

# Please Indicate Which Workshop(s) You Plan to Attend.

## REGISTRATION INFORMATION

Name \_\_\_\_\_  
Position \_\_\_\_\_  
Organization \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ Province \_\_\_\_\_ Postal Code \_\_\_\_\_  
Phone \_\_\_\_\_ Fax \_\_\_\_\_  
Email \_\_\_\_\_

### Choose ONE or BOTH Workshops to Attend

- “Through the Pain to Wellness: Culturally Rooted Community-Based Suicide Intervention Program”**  
**September 28 – 30, 2021**  
**Via ZOOM (ZOOM details to follow closer to the workshop date)**

**FEE: \$525.00 + 5% GST (\$26.25) TOTAL FEE \$551.25**

- “Wound to Wellness: 3-Day Workshop For Service Providers Offering Violence-Related Trauma to Indigenous Clients”**  
**October 20 – 22, 2021**  
**Via ZOOM (ZOOM details to follow closer to the workshop date)**

**FEE: \$525.00 + 5% GST (\$26.25) TOTAL FEE \$551.25**

- Registering for BOTH Workshops**  
**FEE: \$1,050.00 + 5% GST (\$52.50) TOTAL FEE \$1,102.50**

TOTAL FEE OWED: \_\_\_\_\_

### PAYMENT OPTIONS: Visa, MasterCard, Check

Credit Card# \_\_\_\_\_ Expiry \_\_\_\_/\_\_\_\_  
Cardholder Name \_\_\_\_\_  
Check # \_\_\_\_\_

### MAIL CHECKS AND FAX/EMAIL REGISTRATION FORM

Please mail checks to the following address:

W. Zarchikoff & Associates  
112, 19899 55A Avenue  
Langley, BC V3A 0C4  
Toll-free: 1-888-683-7711 Ph: (604) 970-3419  
Email: [wzarchikoff@yahoo.com](mailto:wzarchikoff@yahoo.com)  
Website: [www.aboriginaltrainingandconsultingservices.com](http://www.aboriginaltrainingandconsultingservices.com)  
Fax or email your registration form to: (604) 530-3841 OR [wzarchikoff@yahoo.com](mailto:wzarchikoff@yahoo.com)

### REGISTRATION FEE INCLUDES

Training materials when appropriate, certificate of completion.

### CONTINUING EDUCATION CREDITS

Many accrediting organizations recognize these, and other, workshops. Upon completion of the workshop and receipt of a Certificate, you may approach any of the following, plus others, to request continuing education credits: Canadian Psychological Association (recognized by the Alberta College of Social Workers), Canadian Counselling & Psychotherapy Association, Canadian Addiction Counsellors Certification Federation, Canadian Vocational Rehabilitation Association, Canadian Professional Counselling Association, Employee Assistance Certification Commission (EAPA), Indigenous Certification Board of Canada (ICBOC). The number of course credits will vary for each event.

### TERMS & CONDITIONS

Our liability is limited to refunds for workshop fees only. W. Zarchikoff & Associates reserves the right to cancel an event. Please make hotel & travel arrangements with this in mind. In the event of a cancelled workshop, we will issue a full refund for workshop fees only. The use of audio and video taping devices, beepers, and cell phones by workshop participants is not permitted at any workshop. Children and unregistered guests are not permitted in the meeting rooms. Seats cannot be shared between individuals. The contact information provided during registration will be added to our mailing list. We will not sell our mailing list or grant access to third parties; you can unsubscribe at any time. To unsubscribe please email us.

**CANCELLATION POLICY:** All cancellations for any workshop, forum, or conference must be submitted by email to [wzarchikoff@gmail.com](mailto:wzarchikoff@gmail.com). Non-attendance at an event will not be grounds for any or partial refund /credit under any circumstances.

**REFUND OPTIONS:** 7 business days or more prior to the event: refund, minus a \$75.00 administration fee. Less than 7 business days prior to the event: credit to a future workshop, minus a \$100.00 administration fee. Less than one week prior to the event: no refund or credit under any circumstances will be available.

**CERTIFICATES:** Provided to attendees by email.

**RECEIPTS:** Sent by email once your registration has been processed.

### CUSTOMIZED COURSES

We can offer this workshop to your community or customize a course that meets your specific needs. Contact us for further information. Check out our website for a full listing of workshops, forums, symposiums and conferences that we are offering in Canada and the USA.

**Fax or email your registration form to Bill Zarchikoff at:**

**FAX: (604) 530-3841**

**OR**

**[wzarchikoff@yahoo.com](mailto:wzarchikoff@yahoo.com)**